

Dr Jamie Barsky

BSc (Hons), Dip Psych (Open), D.Clin Psychol

Summary

I am a Registered Clinical Psychologist (HPC Reg No PYL24089), having obtained a Doctorate in Clinical Psychology from The University of Liverpool. I have worked in the field of mental health and psychology for over nine years, across various clinical areas, and I have a Bachelor's Degree in Applied Psychology, and a Diploma in Psychology for post-graduates, thereby meeting the requirements for Chartership of the British Psychological Society.

I currently work as a Child & Adolescent Clinical Psychologist for Pennine Care NHS Foundation Trust, where I am responsible for assessing, intervening and Case Managing children and families with significant emotional, behavioural and psychiatric difficulties.

I have established my own service, MTAS Psychology (formally known as the Manchester Therapy and Assessment Service), specialising in Expert Witness assessments and psychotherapy. I am currently accepting instructions at a rate of over 100 reports per year. I have also worked for three years, until recently, in a well-established medico-legal service in the North West, conducting psychological assessments for criminal and family law as well personal injury cases and psychotherapy.

Expert Witness Work

I have been involved in numerous and varied psychological assessments, incorporating comprehensive psychometric testing and clinical interviewing. These have included:

- Assessment of psychological harm, such as Post Traumatic Stress Disorder, in low value and high value personal injury cases.
- Parenting assessments in criminal and civil proceedings, in which the risk posed to children, by their carers, is assessed.
- In-depth, pre-sentencing assessments for criminal cases, when a better understanding of a defendant's psychological functioning is required by a Judge in order to determine an appropriate sentence.
- Assessment of a defendant's capacity to stand trial (fitness to plead) in criminal cases.
- Assessment of aspects of a defendant's psychological functioning that are pertinent to their case, for example, their memory and intellectual functioning or their susceptibility.
- Attended Court Room Skills Training provided by Bond Solon in February 2010.

Psychological Therapy

- I provide integrative psychotherapy to adults, adolescents, children and families, informed by evidence based psychological interventions including Cognitive Behavioural Therapy (CBT), Dialectical Behavioural Therapy (DBT), Interpersonal Psychotherapy (IPT) and Attachment informed psychotherapy.

- MTAS Psychology have a small panel of therapists, psychologists and clinical nurse specialist working across the North West who are able to offer flexible appointments at short notice.

Brief Summary of Psychology Training & Qualifications

- Sept 2000-Sept 2003 BSc (Hons) in Applied Psychology - 2:1 attained
- Oct 2003-Oct 2005 Diploma in Psychology for Post Graduates
- Oct 2003-Sept 2005 Associate Practitioner,
Guild Lodge Secure Service

In the role of Associate Practitioner at a medium secure psychiatric hospital, I was based on a long-stay, medium-secure ward. The majority of inpatients had been transferred from maximum secure hospitals, and as such had an extensive offending history, including significant violent and sexual offences against adults and children. My work involved the provision of psychological assessment and intervention for these offenders, as well as ongoing assessment of their current level of risk. Whilst based on this unit I carried out research regarding the placement and care needs of this forensic population, which was published in the British Journal of Forensic Practice.

- Sept 2005-Sept 2006 Assistant Psychologist,
Meadowbrook Psychiatric Hospital

As an Assistant Psychologist at an acute psychiatric hospital, I was responsible for the provision of time-limited psychological assessment and intervention with an acutely unwell, adult population, the majority of whom were involuntarily detained under the Mental Health Act.

- Sept 2006-Sept 2009 Doctoral Clinical Psychology Training,
The University of Liverpool

During my Doctoral Clinical Training, I was posted on 6 clinical placements, including:

1. Adult psychotherapy
2. Neuro-Rehabilitation following acquired brain injury
3. Learning disabilities
4. Child and Family service
5. Early intervention for psychosis service
6. Medico-Legal Assessment Service

- Sept 2009 – Oct 2011 Clinical Psychologist,
Medico-Legal Service

This legal assessment service, described above, was one of my clinical placements during the Doctoral Training Programme. The company retained my services as a Registered Clinical Psychologist following the completion of my training, and as such I have been working for this company, conducting legal work, for three years in total.

- Sept 2009 – March 2010 Clinical Psychologist,
Alder Hey Children’s Hospital

I worked for Alder Hey Children’s Hospital, providing assessment and intervention for children and families experiencing significant psychological difficulties. I act as Case Manager for many of my clients, taking responsibility for the package of care provided by the service.

- March 2010 – present Clinical Psychologist
Pennine Care NHS Foundation Trust

I currently work for Pennine Care’s Young People Mental Health Team, providing psychological assessment, intervention and case management for 16 – 19 year olds with complex mental health needs.

Publications

Barsky, J. & West, A. (2007). *Secure settings and the scope for recovery: service users’ perspectives on a new tier of care.* The British Journal of Forensic Practice

Registration Details

As a Clinical Psychologist, I am registered by the Health Professions Council, My registration number is **PYL24089**, which can be verified at:

<http://hpc-portal.co.uk/online-register//>